



Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Hero Training Copy Work

I can be Fun and Playful like the Flash and Jacob.

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Let them praise his name with dancing and make music to him with timbrel and harp. Psalms 149:3

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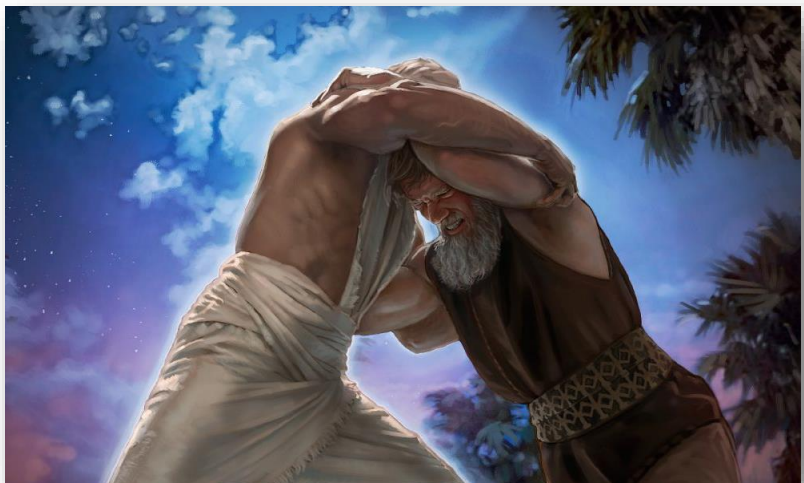
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# Flash



## Playful

Let them praise his name with dancing  
and make music to him with timbrel and  
harp. Psalms 149:3

# playful

[ pley-fuh l ]

*adjective*

full of play or fun; sportive; frolicsome.

pleasantly humorous or jesting:

*Play is  
the highest  
form of research.*  
ALBERT EINSTEIN

# fun

[ fuhn ]

*noun*

something that provides mirth or amusement: *A picnic would be fun.*

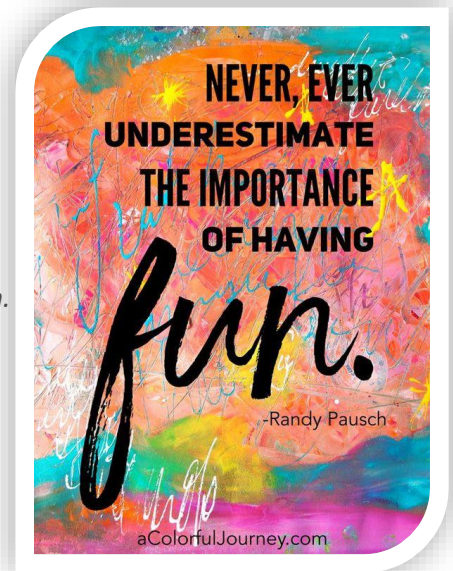
enjoyment or playfulness

*verb (used with or without object), funned, fun·ning,*  
*Informal.* joke; kid.

*adjective, fun·ner, fun·nest.*

*Informal.* of or relating to fun, especially to social fun:

*Informal.* whimsical; flamboyant:



"Children need the freedom and time to play. Play is not a luxury. Play is a necessity."

-Kay Redfield Jamison

*P.S.*

DON'T FORGET  
TO HAVE A  
GOOD TIME

## Activities

Play Minute to Win It Games

Have a Dance Party

50 Yard Dash

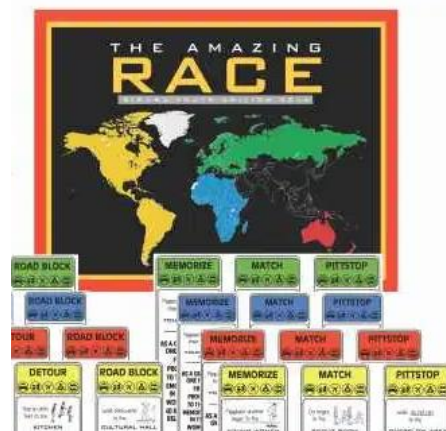
Play the Amazing Race (idea from

<https://smileifyourhappy.wordpress.com/2014/09/19/amazing-race-youth-activity/> )

Read Milton Hershey Biography

Read/ Listen to Genesis 25-28

Memorize Psalms 149:3



## Hero Training – Week Five – Flash

Thank you for downloading the Flash packet. The intent of these printables is for home use. Please do not sell the worksheets. There are links on the website [twelveoaksschoolhouse.com](http://twelveoaksschoolhouse.com) for items and books we used to accompany our lessons. If you do choose to purchase these items, I would appreciate you using the links on the site. I take no credit for the images I use. They are either on-line clip art I modified or drawings from my son, Sky Bott. He asks that I mention his YouTube page here, MrSkyPanda. It's a family friendly page. I'm especially proud of his Candyworld episodes.

If you really enjoy the Hero and Princess Training, please consider donating on my website.

Kendra Bott

[twelveoaksschoolhouse.com](http://twelveoaksschoolhouse.com)

