I can be hopeful like Wonder Woman and Joshua.	Name:	
	I can be hopeful like Wonder Woman and Joshua.	



......

Wonder Woman



As for me, I will always have hope; I will praise you more and more. Psalms 71:14

hope

[hohp]

noun

1the feeling that what is wanted can be had or that events will turn out for the best: to give up hope.

2a particular instance of this feeling: the hope of winning.

verb (used with object), **hoped, hop·ing.** To look forward to with desire and reasonable confidence.

to believe, desire, or trust: I hope that my work will be satisfactory.

verb (*used without object*), **hoped, hop·ing.** to feel that something desired may happen: *We hope for an early spring.*

Archaic. to place trust; rely (usually followed by in).







Activities

Lasso Training – Use a rope lasso or a hula hoop



Make a Knapsack of Hope for a loved one (Image from Pinterest)



Read – Joshua 5 Memorize – Psalms 71:14 Read a biography about the Wright Brothers

Be a Gentleman – How to Treat a Lady

I made sure to add female super heroes in Hero Training because I want my sons to know that women are as important as men. We are different, but equal. God encourages men in the Bible to love and honor women. Jesus taught to treat women with kindness and respect. I want my boys to grow up to be confident men that treat all people, not just other men, with respect. Here's a small lesson on how to be a gentleman.

Husbands, love your wives, just as Christ also loved the church and gave Himself for her Ephesians 5:25

Husbands, love your wives and do not be harsh with them. Colossians 3:19

- Heroes will most likely grow up to be husbands. The Bible instructs men to love their wives sacrificially and be gentle with them.

⁷When a Samaritan woman came to draw water, Jesus said to her, "Will you give me a drink?" ⁸(His disciples had gone into the town to buy food.)

⁹ The Samaritan woman said to him, "You are a Jew and I am a Samaritan woman. How can you ask me for a drink?" (For Jews do not associate with Samaritans.^[a]) John 4

 A simple act of kindness can go a long way. In this story, Jesus sits and chats with a Samaritan woman, strange not only because she's a woman, but also a Samaritan. But Jesus sees her as a child of God. He is kind, he doesn't judge her, he simply shows her love. And because of this, she went back to town and told people about Jesus, causing many of them to become Christ followers.

¹⁰ A wife of noble character who can find? She is worth far more than rubies. ¹¹ Her husband has full confidence in her and lacks nothing of value. Proverbs 31

- Proverbs 31 is the main chapter in Princess training, but it's important for heroes to learn how God values women too.

A Modern Gentleman's 30 Rules

1. Be gentle to the fairer sex, it's in the name.

2. Dress well no matter the occasion.

3. Pride is dangerous, be careful.

4. Be humble, be grateful

5. Opening the door or giving up a seat for a lady isn't up for discussion.

Work hard, that is if you want to own anything worth having.

7. Starting / instigating a fight is for school boys, but men obtain the power to end one.

8. Ignorance isn't bliss, knowledge is power.

9. Suit up (make sure they're tailored to fit)

10. Confidence is a gentleman's trademark.

11. Comfort zones are for the weak, men aren't weak.

Foul language is for the less educated.

Make eye contact and mean business.

14. Lower your standards for no one.

15. Being romantic doesn't make you a woman.

16. Stay groomed.

17. Admit when you're wrong

18. Always make the first move, you're the MAN

19. Handwritten "Thank you" cards aren't outdated. Use them.

20. Chivalry is not dead; there are just too many boys.

21. It is said you can tell a lot about a man through his handshake, so make it strong and firm.

22. Leave her breathless

23. Judge no one, just improve yourself.

24. Speak your mind, don't hesitate.

25. Offer your arm to a lady while walking, they'll feel secure.

26. You're the man, you pay.

27. Women love compliments, gentlemen provide them.

28. Never wear your hat indoors, it's disrespectful.

29. Make sure everyone has their plate before you start eating.

30. We don't always have to be the center of attention, but we are always noticed. It is our signature as

gentlemen to come, make a statement, leave, and be remembered.

Hero Training – Week Eleven – Wonder Woman

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If you really enjoy the Hero and Princess Training, please consider donating on my website.

Kendra Bott

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