

Name: _____

Date: _____

Hero Training Copy Work

I can have Integrity like Superman and Joseph.

Whoever walks in integrity walks securely, but whoever takes crooked paths will be found out. Proverbs 10:9



Superman



Integrity

Whoever walks in integrity walks securely, but
whoever takes crooked paths will be found out.

Proverbs 10:9

integrity

[in-**teg**-ri-tee]

noun

1 adherence to moral and ethical principles; soundness of moral character; honesty.

2 the state of being whole, entire, or undiminished:*to preserve the integrity of the empire.*

3 a sound, unimpaired, or perfect condition:*the integrity of a ship's hull.*

Synonyms for *integrity*

- **honesty**
- **principle**
- **probity**
- **purity**
- **rectitude**
- **sincerity**
- **virtue**
- **candor**

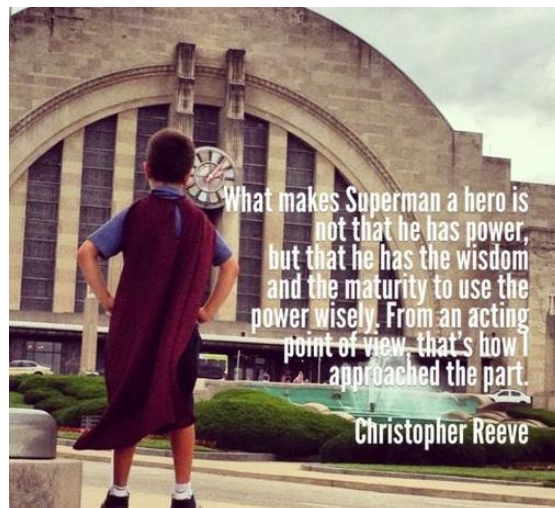
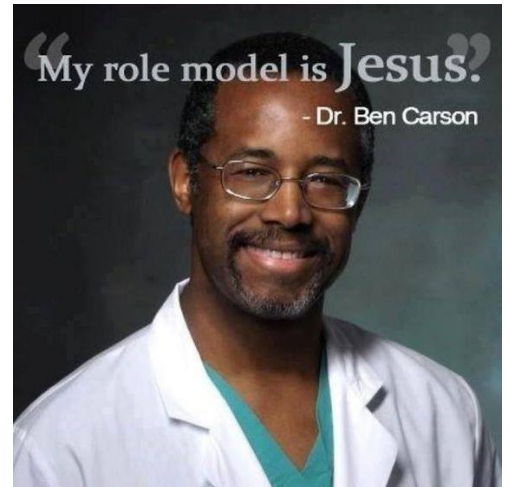
“**INTEGRITY,**
THE CHOICE BETWEEN
WHAT'S CONVENIENT
AND WHAT'S RIGHT.”

-Tony Dungy, *Uncommon*

SUCCESS
WITHOUT
INTEGRITY
IS **FAILURE**

“My role model is Jesus?”

- Dr. Ben Carson



What makes Superman a hero is not that he has power, but that he has the wisdom and the maturity to use the power wisely. From an acting point of view, that's how I approached the part.

Christopher Reeve

Activities

Play “Who am I”

<https://gameonfamily.com/who-am-i-game/>

Donate Food to a Local Food Bank

Volunteer (if you live in KC, here’s a great list of volunteer opportunities)

<https://www.ifamilykc.com/blog/creative-fun/volunteer-kansas-city/>

Read Genesis 3 - 7

Memorize Proverbs 10:9

Read a biography about Ben Carson

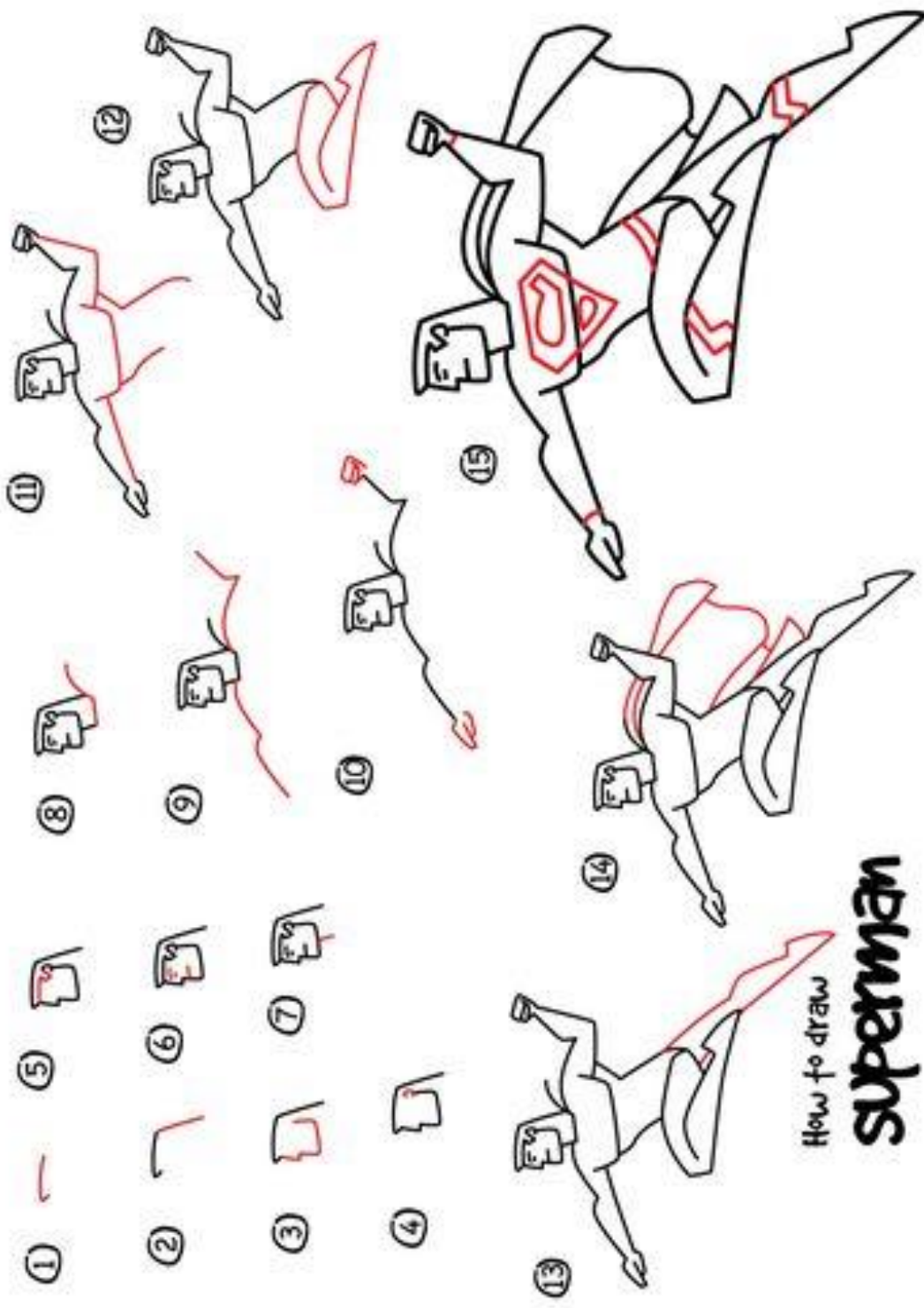
Make Superman Cape

<https://crazylittleprojects.com/superhero-cape-pattern/>

Learn how to draw Superman

<https://www.artforkidshub.com/how-to-draw-superman/> (video) (template below)





How to draw
superman

Hero Training – Week Twenty One – Superman

Thank you for downloading the Superman packet. The intent of these printables is for home use. Please do not sell the worksheets. There are links on the website twelveoaksschoolhouse.com for items and books we used to accompany our lessons. If you do choose to purchase these items, I would appreciate you using the links on the site. I take no credit for the images I use. They are either on-line clip art I modified or drawings from my son, Sky Bott. He asks that I mention his YouTube page here, MrSkyPanda. It's a family friendly page. I'm especially proud of his Candyworld episodes.

If you really enjoy the Hero and Princess Training, please consider donating on my website.

Kendra Bott

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