

# Norse Mythology Gods and Goddesses



There are many types of intelligent beings in Norse Mythology. Gods and Goddesses (Aesir and Vanir), Giants (Jotuns and others), Valkyries, Dwarves, Elves and more.  
Above: Pendants of Norse symbols the Valknut (left) and Mjornir (right).  
Below: Yggdrasil – the World Tree

## Book List:

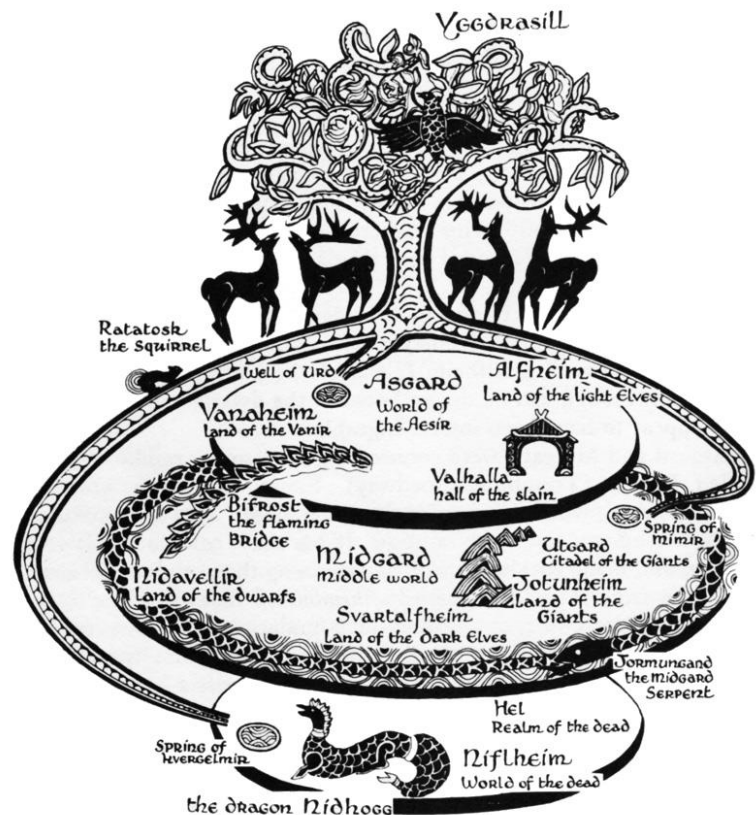
1. Hotel Valhalla; Guide to the Norse Worlds by, Rick Riordan
2. Magnus Chase series by, Rick Riordan
3. Treasury of Norse Mythology by, Donna Jo Napoli
4. Norse Mythology by, Neil Gaiman
5. Gods and Thunder; a Graphic Novel of Old Norse Myths by, Bowen and Dahl

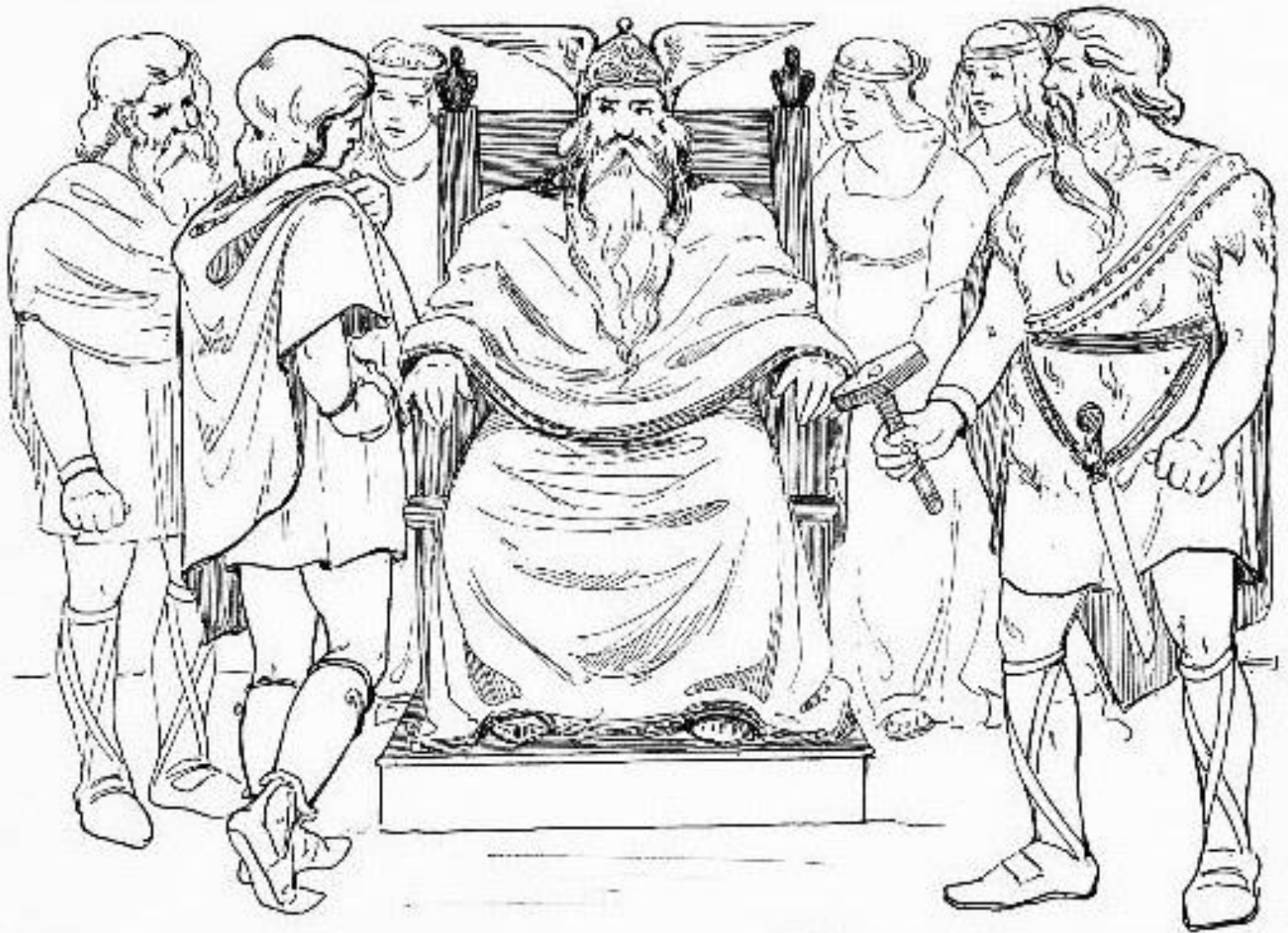
## Website References

<https://norse-mythology.net/>

[https://en.wikipedia.org/wiki/Norse\\_mythology](https://en.wikipedia.org/wiki/Norse_mythology)

<https://norse-mythology.org/>





## Aesir

### Home - Asgard

Odin – All-father

Frigga – goddess of marriage and family (Odin's wife)

Balder – god of beauty

Heimdall – guardian of the bridge

Thor – god of thunder

Hod – the blind god

Idun – keeper of the apples of youth

Tyr – god of war

Mimir – god of wisdom

Hoerir

Uller - archery

(Many more)



## Vanir

### Home - Vanaheim

Njord – god of the sea (traded to Aesir)  
Freyr – god of prosperity (traded to Aesir)  
Freya – goddess of fertility  
Gerda  
Nerthus  
Odr  
Skadi

(not as much is told of the Vanir)



E. BOYD SMITH

## Giants

### Home - Jotunheim

Aegir and Ran – married, live in Ocean

Angrboda – mother of Fenrir, the Midgard Serpent and Hel

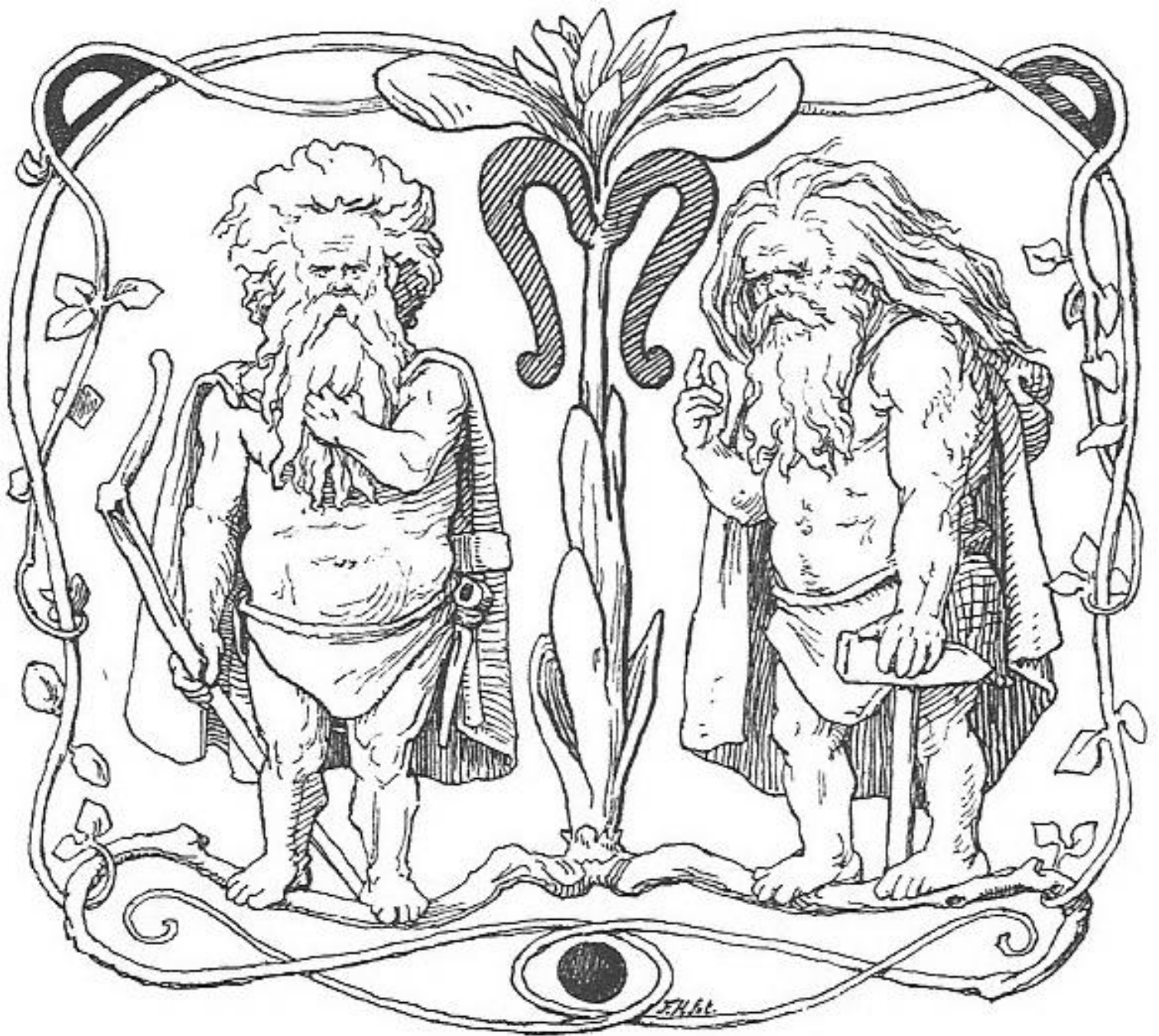
Hel – Queen of Helheim

Hyrrokkin – very strong, lives in Jotenheim

Loki – foster brother to Odin, also listed with Aesir, trickster

Surtr – fire giant that lives in Muspelhaim





## Dwarves

Home – Svartalfhaim (aka Nidavellir)

Brokkr and Eitri (brothers) – made Thor's hammer among other items

Alvis – known for her wisdom

Andovari – lives under a waterfall

Fafnir – son of the dwarf king

Fjalnar and Galar – made the mead of poetry with giant blood



Fan art based on Rick Riordan books

## Elves

### Home – Alfheim

Minor gods of nature with many magical abilities such as healing. They are known for their beauty.



## Valkyries

### Home – Asgard

Female warriors on flying horses that choose those who die in battle. The Valkyries bring half the fallen to Valhalla in Asgard and half to Folkvang in Vanaheim.



## Norns

Home – Asgard

The Goddesses of Fate

Urd (what once was)

Verdandi (what is coming into being)

Skuld (what shall be)



# Norse Gods and Goddesses

## Wordsearch Puzzle

RAN

C I L B A V U N M I F F G R  
Y G G D R A S I L L O F L A  
A F S E E N F G J V Y R V N  
C B S U I I L Y O E H E P M  
V A L K Y R I E P H E Y R V  
L L R E T I F H C Y I A O A  
O D B B I F R O S T M D Y L  
I E K F E R S D A W D V P H  
C R Y E B I L G H I A L V A  
M M N E R G N O I I L A L L  
B I Y U M G R D U E L K F L  
O L O K I D E I F R T D A A  
P O T T M D E N J O R D A L  
A P L O I W T R E F U T T A  
L E R G R E A E S I R Y O A  
T H O T H O R R O S S H R S  
J O L M R T M J O L N I R R

RAN  
VALHALLA  
MJOLNIR  
BIFROST  
HOD  
THOR  
AESIR  
NJORD  
ODIN  
LOKI  
HEIMDALL  
MIMIR  
BALDOR  
VALKYRIE  
YGGDRASIL  
VANIR  
FREYA



## *The War Between the Aesir and the Vanir*

The gods and goddesses in Norse Mythology usually belonged to one of two tribes; the Aesir of Asgard or the Vanir of Vanaheim. While similar, the Vanir were older gods and masters of sorcery and the Aesir were warriors.

Freya of the Vanir, traveled to Asgard to show off her knowledge of magic, and at first the Aesir were drawn to her, but soon found her magic brought out the worst in them. Their honor and loyalty was pushed aside by selfish desires. The Aesir blamed Freya for their own faults and attempted to murder her.

The Vanir and the Aesir began to hate and fear each other. War erupted. The Aesir fought using strategic combat with weapons and brute force, but the Vanir used their sorcery. At times the Aesir had the upper hand and at other times it was the Vanir in the lead, but they were fairly evenly matched. The war was fought for a long time before both sides eventually grew weary and decided to end peacefully.

A truce was made by sending hostages to the opposition; Njord, Frey and Freya of the Vanir went to live with the Aesir, and Mimir and Hoenir went to live with the Vanir. The Vanir felt shorted by this trade, and sent Mimir's head back to Odin. Eventually Freya went back to Vanaheim to oversee Folkvanger, an afterlife for heroes, and Frey went to Alfheim to rule over the elves.



# ***Norse Mythology***

## **Gods and Goddesses**

### **Discussion/ Essay Questions**

1. In your opinion, who was at fault in the Aesir/ Vanir war? Why do you think that?
2. Thor had Mjolnir, but what other weapons and symbols were important to the Norse gods?
3. Describe what the Valkyries job was.
4. Describe what the Dwarves were known for.
5. What was Yggdrasil?
6. The days of the week are named from Norse gods. Which is which?

### **Activities**

- Read a novel based on Norse Mythology (examples given on page 1) and write a book report
- Watch Marvel's Thor. Compare Marvel's version of Norse Mythology from what you've learned.
- Draw your own World Tree. Make your own worlds. Use your imagination.
- Make a family tree of the Norse gods.
- Choose one of the gods or giants, or dwarves to research more. Write an essay.
- Make your own Valknut symbol. Get creative. Cut from poster board or cardboard, use aluminum foil, metal or wood, or do an embroidery or painting.





## Mythology Study Guides – Norse Gods and Goddesses

Thank you for downloading the Norse Gods and Goddesses Study Guide. All of the curriculum on my website is intended for home use. There are Amazon Affiliated links on my site of any books or supplies I mention. If you decide to buy any of them, please use the links on my website. I take no credit for most of the images I use. It's either on-line clip art or pictures that I may or may not modify, or drawings from my son, Sky Bott. He asks that I mention his YouTube channel, MrSkyPanda. It's a family friendly channel. I'm especially proud of the CandyWorld Episodes.

If you really enjoy Twelve Oaks Schoolhouse curriculum and printables, consider donating on the website. [twelveoaksschoolhouse.com](http://twelveoaksschoolhouse.com)

*Kendra Bott*