

# Norse Mythology Monsters and Men



## Book List:

1. Hotel Valhalla; Guide to the Norse Worlds by, Rick Riordan
2. Magnus Chase series by, Rick Riordan
3. Treasury of Norse Mythology by, Donna Jo Napoli
4. Guts & Glory; the Vikings by, Ben Thompson
5. The Viking Spirit by, Daniel McCoy

## Website References

<https://norse-mythology.net/>

<https://norse-mythology.org/who-were-the-historical-vikings/>



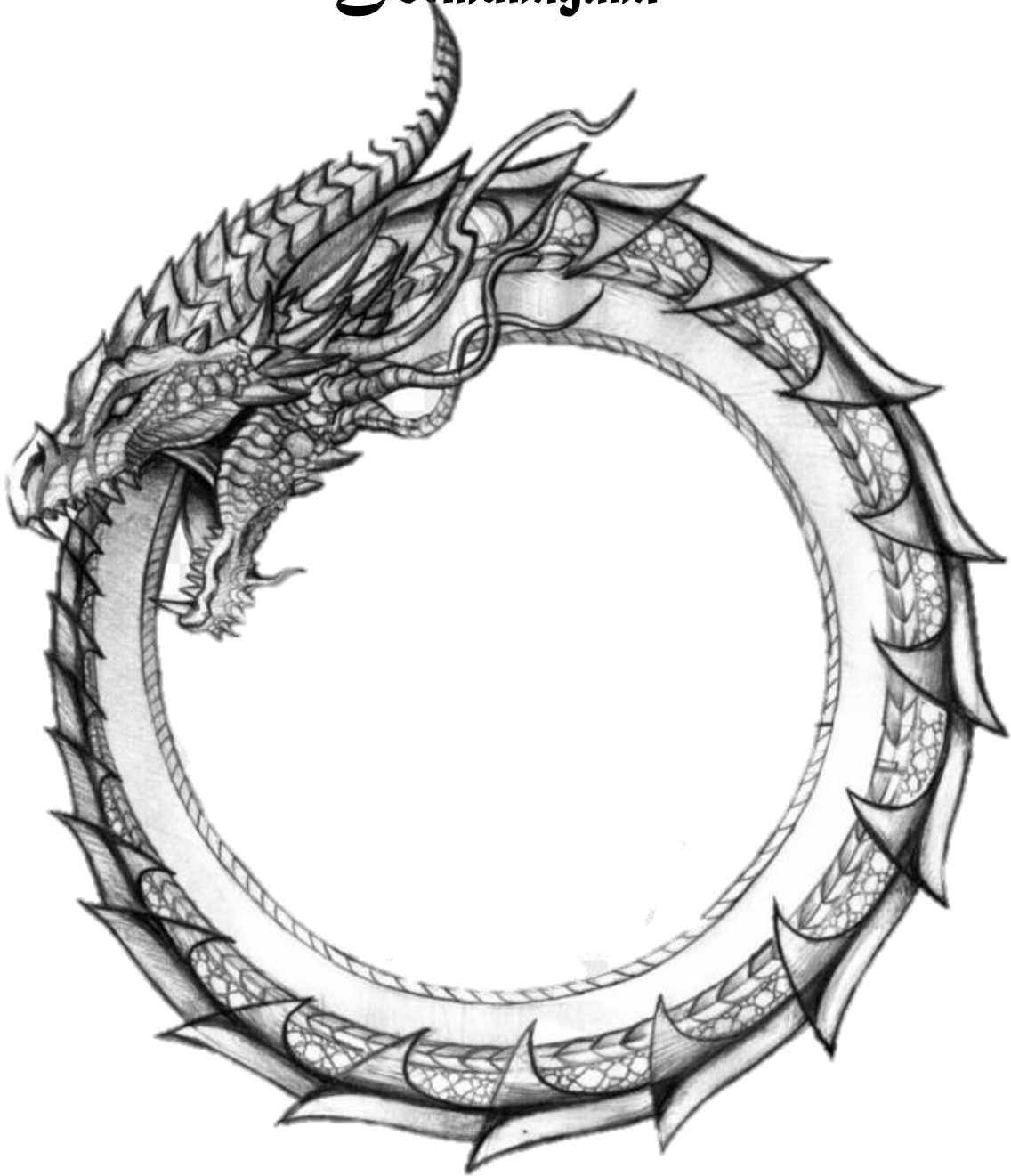
## *Fenris Wolf*



FENRIR

Also known as Fenrir, the wolf is a child of Loki and Angrboda. Even as a pup he was huge and vicious and feared by the gods. Only the god Tyr was brave enough to feed the wolf, though it backfired. The gods bound Fenris with a dwarf made rope constructed of impossible ingredients. Fenris will be a major character in Ragnarök, and awaits his fate on a secluded island.

# Jormundgand



Also a child of Loki and Angrboda, this monster was thrown into the sea by Odin as a youngling, but he thrived there. The Midgard Serpent grew so large, he now encircles the world, biting it's own tail. His thrashing causes tsunamis and many sea monster tales are inspired by him. He's a nemesis of Thor and is prophesied to consume him in the end.

# Hel



Sister to Fenris and Jormungand, Hel is queen of the realm, Helheim. Half of her is beautiful and lively and the other half is gruesome and dead. Her throne is named "sotte bed" and her bed is called Sick-Bed, and the curtains around it Misfortune. The dining table is called Hunger and the knife is called Starvation.

# Sleipnir



Odin's eight-legged horse was a gift from its mother, Loki (yes mother). Though it is wingless, it can fly.

# Janngniost and Janngnisir



These are the goats that pull Thor's chariot, also known as Snarler and Grinder (or Teeth-barer and Teeth-grinder). Thor is able to cook the goats and eat their meat, careful not to break their bones, and they will resurrect the next day.

## Other Notable Norse Creatures

Nidhogg (dragon), nameless eagle, Dain, Dvalinn, Duneyrr, Durabroar (deer) and Ratatosk (squirrel) – inhabitants of Yggdrasil

Geru and Frekki – Odin's wolves

Huginn and Munin – Odin's ravens

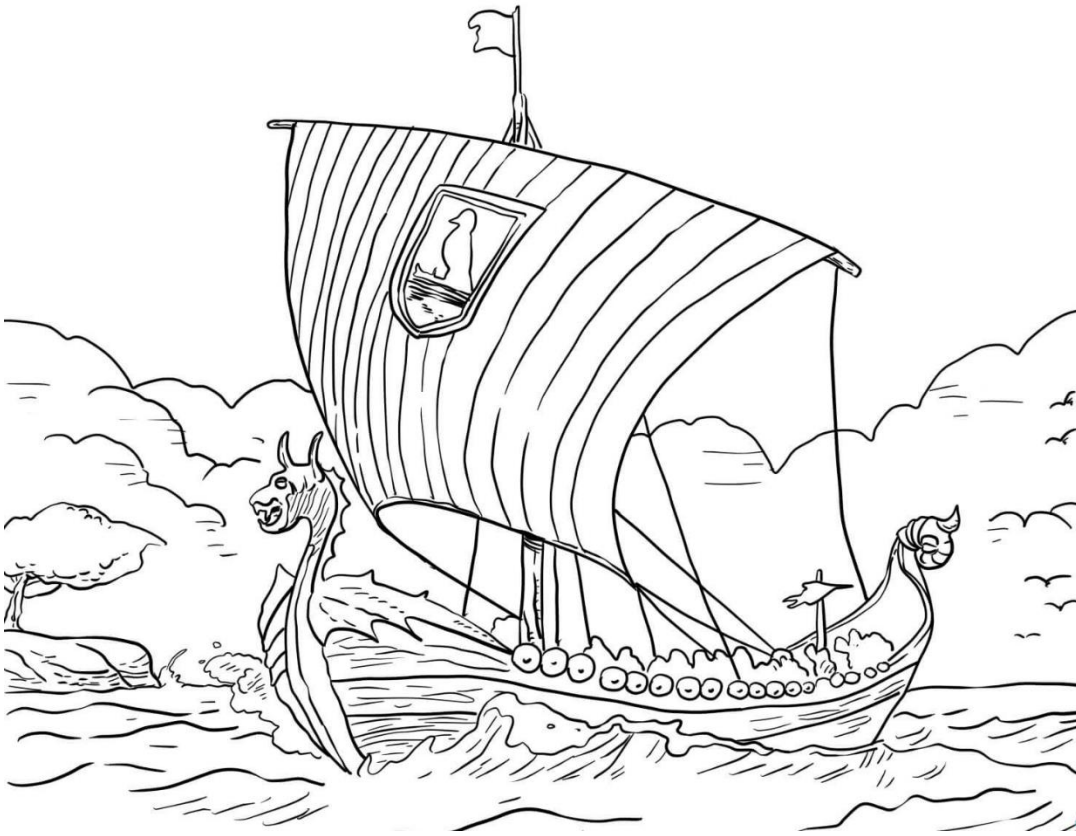
Gullinbursti – Frey's golden bristled boar, made by dwarves

Heidrun (goat), Eikthymir (stag), and Saehrimnir (possibly a boar) – live in Valhalla, providing food and drink for the einherjar.



# Vikings

the Viking Age (roughly 793-1066 AD)



The Viking Age was during a time of Medieval warfare. Though often thought of as savage, the Vikings were not exceptionally so. They did raid towns, but mostly, they were explorers. They made fast, flexible longships that held numerous warriors and settlers.

The Vikings were split into three classes; earls, free men (and women) and slaves.

Most of the free men lived on rural farmsteads. The women typically working in the home, milking cows and making dairy products, the men were tasked with the agricultural work. Slaves (usually captured from past raids) were made to do the most unpleasant chores.

Viking warriors came from the class of free men. The earls were the chieftains or warlords.





# Norse Mythology Monsters and Men

## Discussion/ Essay Questions

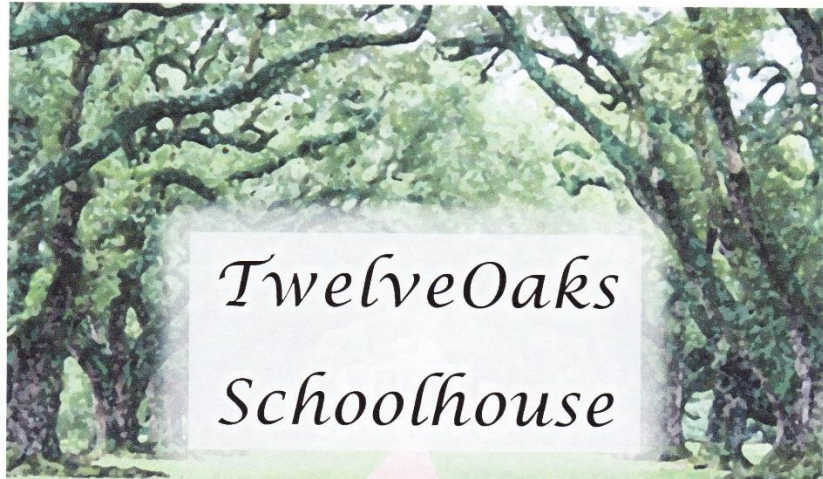
1. Name the three monster children of Loki and Angrboda. Describe them. What are they known for?
2. Who were the parents of Sleipnir?
3. What do each of the animals of Valhalla provide for the einherjar?
4. Where and when were the Vikings from?
5. What are the three classes of Vikings and what did they do?

## Activities

- Pick one creature to research more and write a report on.
- Write a story of one of the creatures.
- Research more about Vikings.
- Make a long boat out of cardboard boxes.
- Write your name in the Viking alphabet
- Watch a documentary of Vikings

## THE VIKING ALPHABET





## Mythology Study Guides – Monsters and Men

Thank you for downloading the Monsters and Men Study Guide. All of the curriculum on my website is intended for home use. There are Amazon Affiliated links on my site of any books or supplies I mention. If you decide to buy any of them, please use the links on my website. I take no credit for most of the images I use. It's either on-line clip art or pictures that I may or may not modify, or drawings from my son, Sky Bott. He asks that I mention his YouTube channel, MrSkyPanda. It's a family friendly channel. I'm especially proud of the CandyWorld Episodes.

If you really enjoy Twelve Oaks Schoolhouse curriculum and printables, consider donating on the website. [twelveoaksschoolhouse.com](http://twelveoaksschoolhouse.com)

*Kendra Bott*