

## Summer Hero Training Vision



**Life Lesson** – Focus on what’s important

**Definition** – Do your work without getting distracted. When someone talks, you listen.

**Verses to Memorize** –

“And whatever you do, do it heartily, as to the Lord and not to men” – Colossians 3:23

“I will listen to what God the Lord says” – Psalms 85:8

**Bible Story** – Samuel hearing from the Lord – 1 Samuel 3

**Online Resources** - <https://childrensministry.com/focus-game/>  
<https://ministry-to-children.com/king-amaziah-lesson/>



## Summer Fun-Learning Activities

- Color/ trace/ copywork worksheets (below)
- Practice Focus by learning Yoga
- Practice Focus by playing the Staring Game
- Vision Mask (below)
- Make a goal list
- Write a Vision Statement
- Eye Exam (below)





“And whatever you do, do it heartily, as to the Lord and not to men”

– Colossians 3:23

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“I will listen to what God the Lord says”  
– Psalms 85:8

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## Vision Mask

Print on cardstock, cut out, cut out eye holes, put hole punches on the sides of mask and tie on string



Eye Exam (not to be replaced by a medical exam)

Place on wall, stand 10 feet away and read each line you can, cover one eye at a time and read again

$\frac{20}{200}$	E	$\frac{200\text{ FT.}}{61\text{ M}}$	1
$\frac{20}{100}$	F P	$\frac{100\text{ FT.}}{30.5\text{ M}}$	2
$\frac{20}{70}$	T O Z	$\frac{70\text{ FT.}}{21.3\text{ M}}$	3
$\frac{20}{50}$	L P E D	$\frac{50\text{ FT.}}{15.2\text{ M}}$	4
$\frac{20}{40}$	P E C F D	$\frac{40\text{ FT.}}{12.2\text{ M}}$	5
$\frac{20}{30}$	E D F C Z P	$\frac{30\text{ FT.}}{9.14\text{ M}}$	6
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$\frac{20}{25}$	F E L O P Z D	$\frac{25\text{ FT.}}{7.62\text{ M}}$	7
$\frac{20}{20}$	D E F P O T E C	$\frac{20\text{ FT.}}{6.10\text{ M}}$	8
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$\frac{20}{15}$	L E F O D P C T	$\frac{15\text{ FT.}}{4.57\text{ M}}$	9
$\frac{20}{13}$	F D P L T C E O	$\frac{13\text{ FT.}}{3.96\text{ M}}$	10
$\frac{20}{10}$	P E Z O L C F T D	$\frac{10\text{ FT.}}{3.05\text{ M}}$	11

## Hero Training – Summer Week Four – Vision



Thank you for downloading the Vision packet. The intent of these printables is for home use. Please do not sell the worksheets. There are links on the website [twelveoaksschoolhouse.com](http://twelveoaksschoolhouse.com) for items and books we used to accompany our lessons. If you do choose to purchase these items, I would appreciate you using the links on the site. I take no credit for the images I use. They are either on-line clip art I modified or drawings from my son, Sky Bott. He asks that I mention his YouTube page here, MrSkyPanda. It's a family friendly page. I'm especially proud of his Candyworld episodes. If you really enjoy the Hero and Princess Training, please consider donating on my website.

Kendra Bott

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