

# Modern Day Princess Study Guide

Her Royal Highness, Mette-Marit, the Crown Princess of Norway



**Born:** Mette-Marit Tjessem Høiby, 19 August 1973  
(age 47)  
Kristiansand, Vest-Agder, Norway

**Spouse:** Haakon, Crown Prince of Norway (m. 2001)

**Issue:** Marius Borg Høiby  
Princess Ingrid Alexandra  
Prince Sverre Magnus

**Father:** Sven O. Høiby  
**Mother:** Marit Tjessem



## Fun Fact:

'Arendelle' from the movie Frozen, is based on the Norwegian town of Arendal, in southern Norway. Princess Mette-Marit was born in Kristiansand, also in southern Norway. Blonde hair, blue eyed Norwegian princess that looks great in blue, it's no wonder that this real-life princess is compared to Disney's Elsa.





### *Life Before*

Mette-Marit was raised modestly with divorced parents and had a slightly rebellious adolescence. Though she was an exchange student in Australia for a time, she did not excel in school and took longer to graduate than is normal. She fell in with the “wild” crowd and had a relationship with a convicted felon, from which she had a child. When Prince Haakon of Norway asked her to marry him, he was also welcoming her young son, Marius, into his family. Norwegians questioned Haakon’s choice, but since then, she has furthered her education and been instrumental in charitable organizations, the set-up of foundations and given much support to the people of Norway.

### *Websites*

<https://www.hellomagazine.com/profiles/crown-princess-mette-marit/>

<https://www.britannica.com/biography/Crown-Princess-Mette-Marit>

<https://en.wikipedia.org/wiki/Mette-Marit>, Crown Princess of Norway

<https://royalty.fandom.com/wiki/Mette-Marit>, Crown Princess of Norway

## *Family*



Left: Princess Ingrid, Princess Mette-Marit, Prince Sverre, Prince Haakon and Marius 2013

Below: Princess Mette-Marit, Princess Ingrid, Prince Sverre and Prince Haakon 2020

Below: the Skaugum Estate, the family's residence



## *Book List*

*History of Norway* by John Yilek

*The Royal House of Norway* by Morten Ole Morch

*Why Kings And Queens Don't Wear Crowns* by Princess Martha Louise (sister in-law of Mette-Marit)

# Map



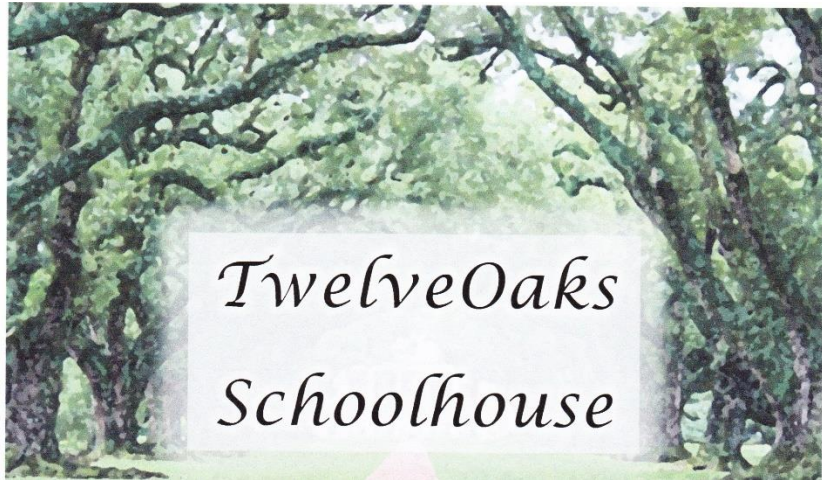
## *Discussion/ Essay Questions*

1. Mette-Marit described her own past as rebellious. How did that affect her when she became a princess?
2. How has Mette-Marit tried to better herself as an adult?
3. Which of her children is heir to the throne? Why is this significant?

## *Activities*

1. Read some old Viking Tales and Norse Mythology
2. Make a family tree of the House of Glücksburg (Prince Haakon's family), mark the line of succession.
3. Write a timeline of Mette-Marit's life.
4. Read the Three Billy Goats Gruff, an old Norwegian story.
5. Just for fun, watch Frozen





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*Kendra Bott*